



WRSB Newsletter

WOLVERHAMPTON RHEUMATOLOGY SUPPORT GROUP

Charity No 1041181

CARING IS SHARING

Issue Number 172

June 2022

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Coffee Mornings

Monday 08 June 2022

10.00 till 12.00,

Doors open 09.50

Tracy and Nicky

from Boots to tell

us about **Clinique**

At Linden House,

112 Tettenhall Road

Wolverhampton

WV6 0DD

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Monday 06 July 2022

10.00 till 12.00

Doors open 09.50

Leigh from Wolverhampton

Homes to tell us about the

services Telecare has to offer.

04 April 2022

Harjinder came along to speak

to us about Dementia and their

Carer's. We were reminded

that Dementia can be difficult

for both the person with

dementia and their carer. They

can become frightened,

forgetful, irritable and in some

cases violent. They repeat

themselves over and over. All

of these symptoms are

extremely hard to understand

and to cope with. It is important

to have structure around their

daily activities, write post it

notes and put them on a notice

board so they can check what

they should be doing or if it is

your partner where you are and

why. Allow them to repeat themselves, if they get things muddled up. go along with them, don't disagree. Look out for how the condition is affecting them, if they look in a mirror and become agitated, it may be that they don't recognise themselves. Move or cover the mirror to avoid further distress. If they ask the time, calmly tell them, if they ask the day / date, tell them or refer them to the notice board /calendar. They do not keep asking to annoy you (although you may feel they are) they have genuinely forgotten they have already asked. Encourage them to read, even if it is only the newspaper, on occasions they may enjoy you reading to them.

It is important to remember there is help for you both in the form of support group

Llandudno

Friday 27 May 2022

£5.00 to members.

(Members take priority due to number of seats available.)

£13.00 to non-members.

Pick up times;

Bilston – 08.30

Linden House – 08.45. You may leave your car at Linden

House; the coach will pick up on the main road. If you have symptoms of Coronavirus, please do not attend. If possible, let Mary know if you are not able to come along.

16 June 2022.

Due to lack of interest the day out to Alrewas Arboretum has been cancelled.

Wednesday 13 July 22.

We have also agreed that our annual garden party at Gunston Hall will be a 'Celebration Party' due to it being the year of the Queen's jubilee.

2.00 till 4.00

Please let us know if you would like to come along but have no transport.

Please let Mary know if you are interested in the garden party but have no transport. 01902 685683.

Help In the Home

At the May coffee morning I explained that due to the fact we were recipients of sum of money we wanted to try and help members with everyday living. We have purchased

some items that we hope will help you all. I do have to stress that we can allow one of each item per household. I have started you all of with the enclosed a pack of 'Key Wings', these will fit over a key to help with unlocking the door, they will fit easily in a pocket.



I also have a larger key holder; this also holds 3 keys.



2 plugs with one remote control suitable for bungalow / flat.



5 plugs with two remote controls, 1 for upstairs, 1 downstairs.

These plugs work on stand lamps, t/v, kettle's, electric blanket. Plug the item you wish to control as if it's switched on, then use the

remote to switch on/off. You are able to use remote downstairs to switch on bedside lamp/electric blanket and use the other remote upstairs to switch them of. We are advised by switching of sockets it will help save electricity. They are especially useful to switch off difficult to reach sockets.



This multi tool will help opening cans with pull rings, bottles, jars etc and is easy and comfortable to hold.



This handle fits over the crystal type tap to make it easy for you to turn on/off.



These handles fit over the cross

top taps, turning your taps into the lever type and much easier to use. These come as a pack of two and are coloured hot/cold

If you are interested in any of the items please contact me, Jan Simpson on one of the numbers or email at the top of the Newsletter.

Pre-Paid Funeral Plan

You may recall I mentioned companies needed to be authorised by the FCA to continue selling Pre-Paid Funeral plans.

Although we will not be told who has been authorised until the end of June. Some people that took out plans with ‘**Safe Hands**’ and will have been advised that they withdrew their company from the FCA list and went into administration March 2022. They are not allowed to sell new Funeral Plans or collect any further payments from people who have taken out a plan with them.

I understand that if you are a plan holder you should have been advised how to make a claim. Although it is not yet

known what, if anything, you will get back as there is a shortfall between the level of plan holder’s investments and the forecast of funeral costs to be paid. You need to initiate your claim, so if they have not written to you contact them and ask about it.

If you paid any amount on your credit card you may be eligible to claim under Section 75 of the Consumers Credit Act 1974.

Stay Safe Everyone

Jan Simpson
Chairperson / Editor

The views expressed in this newsletter are taken in good faith and are not necessarily endorsed by the editor.

If you do not wish to receive this newsletter / email, please contact our group secretary. You may cancel your consent at any time.