



## *WRSWG Newsletter*

WOLVERHAMPTON RHEUMATOLOGY SUPPORT GROUP

Charity No 1041181

CARING IS SHARING

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### **Obituary**

I am sorry to inform you that Mrs Edna Turner a WRSWG member passed away on Monday 2 June 2014. Our sincere condolences to her family.

### **Dates for your Diary**

#### **Coffee Morning**

**Monday July 7th 2014**

10 30am-12 30pm

(Doors Open 10 20am)

Linden House  
211, Tettenhall Road, Wolverhampton.  
WV6 0DD

**(GENTLE EXERCISE)**

**Please reply to Joyce Knibbs by post, or  
telephone**

**Mobile: 07539949723 (Mon –Friday)**

**E mail: [jansimpson03@yahoo.co.uk](mailto:jansimpson03@yahoo.co.uk)**

Joyce Knibbs 623 Cannock Road, Fallings  
Park, Wolverhampton WV10 8PH

**Invitations are enclosed with this  
Newsletter**

## **Forthcoming Coffee Mornings**

**(2014)**

- July 7<sup>th</sup> 2014 Gentle exercise
- August 2014 No Coffee Morning
- Sept 1<sup>st</sup> 2014 Wolverhampton Fire Service
- Sept 15<sup>th</sup> 2014 Annual General Meeting
- Oct 6<sup>th</sup> 2014 Workshop Fibromyalgia
- Nov 3<sup>rd</sup> 2014 Christmas gift stalls
- Dec 8<sup>th</sup> 2014 Christmas Party

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## **OUTINGS**



### **15 May 2014 National Arboretum Alrewas (A Day of Remembrance)**

The members enjoyed our trip to the National Memorial Arboretum in Alrewas Staffordshire last month.

The National Memorial Arboretum was officially opened in 2001. It is a spiritually uplifting place which honours the fallen, recognizes service and sacrifice and fosters pride in our country.

We arrived at about 10 30am with time for coffee and then participated in an Act of Remembrance in the Millennium Chapel.

Following on from a very interesting talk with an introduction to the Arboretum the majority of our members boarded a land train with a guided tour of the 150 acres.

The rest of the day was spent exploring the memorials of choice and taking lunch in the restaurant.

I enjoyed this day out so much that I intend to visit again and take advantage of hiring a mobility scooter and to gently take my time exploring this most beautiful of places.

On behalf of our member's thank you to Mary Allen who organised the trip, several of our members expressed their gratitude for how well we were looked after on the day.



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**A good day for our members.**

**Thursday 17<sup>th</sup> July 2014**  
**Afternoon Cream Tea with Pat Jones at**  
**Gunstone Hall 2-4pm**

Pat Jones has very kindly invited the WRSG members to afternoon tea at her home Gunstone Hall Codsall, Equestrian Centre.

There are 2 places available for this event there isn't a coach for this trip please check with Mary because we are travelling by car. We are also asking members to take a folded chair with them if this is possible. Don't worry if you can't.

Jan Simpson has printed maps and directions to Gunstone Hall available at the coffee mornings.

The WRSG are treating members to this event (strawberries and cakes)

Any further queries please ring Mary Allen  
01902 354369 or Mobile 017948181593

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**Sunday 10<sup>th</sup> August 2014**  
**Sunday Buffet lunch Cruise**

Sunday buffet lunch experience on board the Sherborne Wharf Luxury Passenger boat in Birmingham.

Mary Allen is collecting lunch and coach costs now please contact Mary for further information.

01902 354369 or 017948181593

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**News Round Up & Features**

**Young Benefactors for WRSG**

A lovely story to share with you from Mary Allen.

Last weekend Mary was looking after her Granddaughter Lucy who was playing on a grassy area across the road from Mary's house.

Mary noticed that Lucy and her two friends Ben and Hayley aged between 9yrs and 10yrs were very busy with what she assumed was toys.

At the end of the afternoon Lucy and her friends presented Mary with a box containing £2.47 all in loose change. These wonderful children had held a sale of their own toys, pencils etc: and raised the grand sum of £2.47 for the WRSG.

Thank you very much Lucy, Ben and Hayley we are very pleased with your contributions to our WRSG charity and promise you that your money will be well looked after and our members are very grateful to you all.

Post Script: Mary had to clean the mess up!!!

Liz Walker

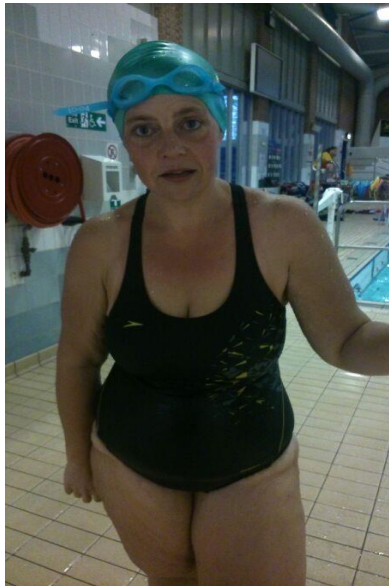
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**Sports Relief Community Cash 2014**

I am delighted to report to our members that the WRSG have been awarded a grant for £1000 from the Sports Relief Community Cash 2014.

This amount of funding will assist us to continue with publishing the Newsletter for our 170 members.

## Local Funds Raised for Sports Relief Katy Walker



My daughter Katy exhausted from swimming 100 lengths 2.5 Km. Katy had some minor surgery to her eyes when the swimathon was organised and was unable to participate. She had the all clear from her Consultant and completed the swim on Wednesday 4 June 2014. She has raised £269 and would like to thank everyone from the WRSG who sponsored her.

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## Coffee Morning St Johns Church 26 September 2014 11am till 1pm



The WRSG have been nominated again by the friends of St Johns Church in the Square Wolverhampton as their charity to hold a coffee morning on Friday 26 September 2014 11am till 1pm.

Entry fee £2 we hope as many members as possible will be able to attend. Coffee, tea and home cakes will be served. Proceeds will be donated to the WRSG. Disabled access is at the rear of the church through the rear chapel. Parking shouldn't be a problem.

We look forward to seeing you at this event.  
**Thank you to Ann Evans for her hard work.**

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## RFU National Under 17 Final



Congratulations to these young guns  
(Wolverhampton RFC under 17 team)

Officially the best in the country (under 17yrs)  
After winning the National Final at Manchester Sale Shark Stadium.

**One very proud grandmother!!!**

## Liz Walker (Chairperson WRSG)

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