



WRSG Newsletter

WOLVERHAMPTON RHEUMATOLOGY SUPPORT GROUP

Charity No 1041181

CARING IS SHARING

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Coffee Mornings

At The Connaught Hotel,

44 -50 Tettenhall Road

Wolverhampton

WV1 4SW

Doors open 09.50.

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Monday 07 September 2026

Today we will be taking membership renewals together with names and money for our annual pantomime and our annual Christmas meal, details of both appear further on in this this Newsletter.

This will be accompanied with a fun quiz for those who wish to join in

Monday 05 October 2026

We will welcome.

Dr Hirushi Jayasekera

She will be talking about arthritis.

Monday 02 November 2026

We shall have a short session of Armchair Keep Fit with Harjinder together with the sale of Christmas Cards and Indian food.

Tuesday 30 June.

My Hip replacement was cancelled so I was able to join everyone on our day out at **Monkland Cheese and Dairy Farm**. We all enjoyed a pleasant day out and many of us sat outside for tea/cake. The tour was informative, and we were able to taste of the six cheeses made on this particular cheese farm. Some of us purchased our favourites to bring home.

Monday 06 July

Anthony Poulton came to talk to us about 'Animal Myths' We are probably all aware that on the first of the month we are supposed to say 'Rabbit' to bring good luck, but who new the exception to this as a Sunday when you should say 'White Rabbit' Magpies are believed to be a bad omen. Men used to tip their hat to Magpies to prevent bad luck. Horse means to run – travel to the land of the dead or the gift of clairvoyance. Today we have an Easter Bunny, years ago long before rabbits were introduced to England it was a Hare,

Germany still refers to the Easter Hare.

We also say Mad as a March Hare!!

Included in this newsletter is an invite to our **AGM Monday 21 September 2026**, 12.30 for a 1.00 start, please complete the invite or tell me (Jan Simpson) if you are attending so I can order the appropriate finger buffet.

I'm afraid its that time of the year again when membership renewals are due. Renewal Slips are included with this newsletter.

Please send your renewal to

Kath Sankey
78 Dilloways Lane
Willenhall
WV13 3HJ

A safe and easy way to pay is to make a bank transfer
Wolverhampton Rheumatology Support Group
Account No – 03687890
Sort Code – 30-99-83

Please note if you joined our group January 2026 onwards you do not need to renew until next September 2027

I have booked our Annual Christmas meal at The Downs, Bridgenorth
Monday 07 December 2026
Members £25 per person
Non - Members £35 pp
£10 non- refundable deposit required as soon as possible. This price include the meal, entertainment and the coach fare.

Also I have booked our Annual Pantomime for
2027



WEDNESDAY
20TH JANUARY 2027

£25 MEMBERS
NON-MEMBERS £35
£10 NON- REFUNDABLE
DEPOSIT.

This includes the pantomime ticket and a free coach to everyone.

Pick up times for The Downs and the Pantomime will be available later,

Stay Safe Everyone

Jan Simpson
Chairperson / Editor

The views expressed in this newsletter are taken in good faith and are not necessarily endorsed by the editor.

If you do not wish to receive this newsletter / email, please contact our group secretary. You may cancel your consent at any time,